

What to expect after your ViPeel

The level of peeling may vary from flaking to heavy peeling. Your peeling should start day 3 after your peel and your heaviest peeling days will be day 3, 4 and 5. Please know some people will peel longer than the estimated 5 days and some people will not peel as long. This varies based on skin type and overall skin health. (NOTE: Just because you do not peel as much as someone else, it does not mean your peel did not work.)

You may experience slight irritation, redness, itchiness and inflammation.

Dark spots may temporarily darken.

If you are prone to cold sores, you may have a breakout due to your ViPeel. Let us know and we can give you a Rx for antiviral medication.

It is IMPORTANT that you avoid activities that involve excessive sweating for 72-96 hours after your ViPeel- including: exercising, saunas, hot tubs and steam rooms.)

Sun exposure should be avoided for 7 days after your ViPeel.

Be sure to strictly follow the patient instruction pamphlet that your provider has given you with your post peel products very carefully.

Stay hydrated after your Peel.

Please **do not put hot water on the areas your peel was applied** for 7 days.

If you have any questions or anything concerning, please call us immediately at **919.845.0333**.