

Post Lesion Removal Care Instructions

Without Sutures: To clean the treated area, moisten a Q-tip with 3% hydrogen peroxide / distilled water, and dab over area (DO NOT RUB), then let air dry. Do this two-to-three times daily. Apply over-the-counter triple antibiotic ointment or Bacitracin to the sites 2-3 times per day until healed. (If the area was close to the eye, Dr. Hudak will give you a Rx for an ophthalmic antibiotic safe to use there.) Use a cold pack on the treated area for 5-10 minutes at a time, 2-3 times per day for the first two days after removal. If the legs or arms had lesions removed and there is some swelling, elevate them. Use over-the-counter Tylenol for pain control. They will be healed in 8 days to 8 weeks. Call to be seen again if you have any increased redness or pain in the treated area.

With Sutures: To clean the treated area, moisten a Q-tip with 3% Hydrogen Peroxide/distilled water, and dab over area (DO NOT RUB), then let air dry. Do this two-to-three times daily until the sutures are removed. (A small amount of bleeding at the site is normal in the first 2 days.) You may cover it with a clean, dry bandaid, if desired or to protect it from clothing. Try to avoid having clothing contact it, as the cloth fibers can get stuck in the suture ends, and pull out the sutures!

Keep clean and dry for a week, or until the sutures are removed. When taking a shower, wad up a clean/dry wash cloth and cover treated area to reduce risks of getting the incision site wet. (Wadding up as opposed to folding the cloth will make it harder for water and bacteria to reach the treated area.) Depending on the surgery site, depth and size of the lesion removed, Dr. Hudak will recommend when is optimal for suture removal.

If Dr. Hudak prescribed antibiotics, take them as prescribed.

Call for an appointment if there is increased redness or pain in the treated area. 919-845-0333.