

Collagen PIN Microneedling Post Treatment Care

1. Gently wash the treated area thoroughly a few hours after treatment with tepid water and a GENTLE cleanser and remove all serum and other debris such as dried blood. This will IMPROVE the appearance of the skin and also allow for better subsequent absorption of post procedure serum. 100% MINERAL MAKEUP (ONLY) may be applied the following day.
2. For the first 1-3 days the skin will be very dry and feel tight. Some flaking is normal. Lifeline Daily Defense Complex or Lifeline Recovery Night Complex and Eye Firming Complex 2 times a day will help. We recommend Obagi Mineral Sunscreen or EltaMD (tinted or regular).
3. After 2-3 days patients can return to regular skin care products or as soon as it is comfortable to do so.
We highly recommend Lifeline Products. These products are the most effective skin care products we have found. They will help increase collagen and elastin by 2-3 times the normal rate. They are AMAZING products.
4. Avoid alcohol based toners for 10-14 days.
5. Avoid direct sun exposure 10 days if possible.
6. Continue to take 1,500 mg of Vitamin C daily for two months.
7. Avoid tretinoin/Retin-A/retinol products for one week.