



all about aesthetics, pc
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Post-Treatment Care for Meso-LipoTherapy

Take it easy! No strenuous activity for 2 days!

Avoid restrictive clothing; wear loose clothing, instead!

If you want to apply make-up, it is fine to do that within 15 minutes of the treatment.

We expect you to have some bruising and huge amounts of swelling (the more swelling, the more skin retraction!). You will also likely experience mild or burning pain for 2-48 hours. It is usually alleviated with Tylenol Extra Strength. (Less than 1-1/2% of patients have pain > 48 hours.) Many have some numbness, which will disappear with time.

It is common to feel a "gelatinous" sensation in the treatment area 2 or 3 days after the treatment. The dissolved, liquefied fat starts to gel, gets somewhat firm, and then gets ingested by macrophages of our immune system that carry the dead fat cell components to the kidneys to be excreted. Bye-bye fat....forever!

Many people will get small nodules in the skin (felt but not seen) which resolve completely with or without massage, over the next 6 months, at most. These nodules tend to form about 1-3 weeks after the treatment.

A rare side effect is hyperpigmentation, which returns to normal within 3 months.

We urge you to call the office during business hours or Dr. Hudak's cell phone after hours with questions or concerns! No question or concern is too minor; we care about you!