

## **FREQUENTLY ASKED QUESTIONS FOR LASER VEIN REMOVAL**

### **Will laser therapy work on my leg veins?**

Although there is no way to tell for sure which veins will respond, a consultation with the doctor to evaluate and access your veins will be required. Prior surgery or treatment on your veins could affect the treatment outcome. In some cases, further testing may be recommended to determine if there are underlying venous problems.

### **What does it feel like?**

Although many patients report little or no discomfort, some may experience a mild stinging sensation when the laser pulse is delivered.

### **How long will the treatment take?**

Treatment time should be 15 to 30 minutes but may vary depending on the number and size of the vessel(s) to be treated.

### **How many treatments will I need?**

In many cases, significant improvement is realized in as few as 1 to 3 treatments. In some cases new spider veins may appear, therefore, additional treatments may be necessary. Treatments are at 8 week intervals.

### **When can I resume normal activities?**

Although we encourage you to resume normal activities almost immediately, we do ask that you refrain from vigorous exercise and avoid hot tubs for at least 24 hours post treatment. Also avoid direct sun exposure after treatment and if you do go in the sun, protect the treated area with a minimum SPF 30 Sun Block (not sunscreen).

### **What will the laser do to the veins?**

When treating vascular lesions, the blood temperature at the targeted area is elevated to a level that causes coagulation without damage to the epidermis or surrounding tissue. Because the laser energy is absorbed by melanin in the epidermis as well as the desired target of hemoglobin, the SmartCool system is used to cool and protect the epidermis. Multiple treatments may be necessary to obtain a satisfactory response for some leg veins.

8311 Bandford Way, Suite 103 Raleigh, NC 27615  
Phone: (919) 845-0333 Fax: (919) 845-0773

